

Effective January 1, 2016

InStride - Ryan Foot & Ankle

Participates with the Following Insurance Plans:



**aetna**<sup>SM</sup>

HMO, PPO, POS, Medicare Advantage;  
No Medicare HMO Prime



**MEDCOST**<sup>SM</sup>

PPO, Inclusive Health



**BlueCross BlueShield  
of North Carolina**

HMO, PPO, POS, Blue Medicare;  
Blue Local  
No Blue Value



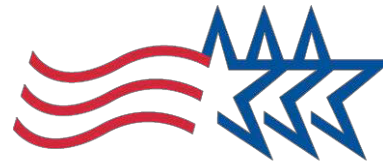
**Medicare**

Traditional Medicare Part B



**Cigna**<sup>®</sup>

HMO, PPO, POS



**T R I C A R E**<sup>®</sup>

No Tricare Prime or Tricare Select



**Humana**<sup>®</sup>

HMO, PPO, POS;  
No Medicare Advantage HMO



**UnitedHealthcare**

HMO, PPO, POS, ALL Medicare Advantage such  
as Secure Horizons, Evercare, PacifiCare  
AARP Medicare complete tier 2  
Compass referral needed



**Primary  
PhysicianCare/healthgram**

PPO